



Imaginari Theatre
presents

Puppetry Lab: Puppetry & Wellbeing Programmes for Children Aged 5 to 11 Years Old.




Costs Breakdown for Funders




Our Fees

£3,705.00
or less than **£9 per child on each activity.**



The fees two 6-Week Puppetry & Wellbeing Programmes at a primary schools, with the total capacity of 60 to 70 children. (Two Year Groups of 30-35 children). It covers three theatre professionals, all the necessary workshop materials for crafting different types of puppets, and exclusive educational resources designed for classroom and at-home learning.



Fees & Costs Breakdown

6 Weeks Puppetry & Wellbeing Programme at a primary schools, for 60 to 70 children. (Two year groups of 30-35 children).

EXPENSE CATEGORY	DETAILS	COST PER SHOW OR WORKSHOP (£)	NUMBER OF SHOWS OR WORKSHOPS	TOTAL COST (£)
Puppeteers	3 Puppeteers for Shadow Theatre Performance + Workshop @£165 per Show (Week 1)	£ 495	2	£990
Facilitator	Puppetry & Wellbeing Facilitator	£165	10	£1650
Materials	Puppet-making supplies and workshop handouts/materials (30 @£1 per child)	£30	12	£360
Venue Rental	School Hall or Classroom	Kindly offered by the School.	12	£0
Transportation	£30 per day and professional. W1: @3 performers // W2 - 6: @1 facilitator.	£15	16	£240
Insurance	Liability insurance	£180/year	1/3 of the Year	£30
Evaluation	Evaluation Report by an Independent Authority (@10% of the Project's Total Budget)	10% @£3,270	---	£327
Contingency	3% of Total Amount	3% @ £3,597	---	£108
Total				£3,705



Puppetry Lab: Unlock The World of Emotions



Teaching children about emotions can feel like a very abstract subject and a hard one to put across. These carefully designed 6-week programmes for Year 2 and Year 4 groups allow children to experience the magic of puppets and explore their emotions in a fun and engaging environment. With various activities tailored to their specific age group, our programmes help children develop key emotional awareness and self-regulation — all while having fun!

Develop self-regulation skills.

Our programmes are specially designed to help children explore and understand their emotions playfully. Focusing on creativity and self-expression, they enable children to develop key emotional skills that will serve them well beyond the programme's duration.

Enrich the curriculum creatively and effectively.

My Bag of Feelings + Feelings & Shadows offers all pupils a powerful, inclusive and cross-curricular learning experience. It also enriches PSHE, Design & Technology and English curriculum delivery. Watch children deepen their learning in different areas while having a blast!

No Child Left Behind

By extending access to high-quality artistic and cultural experiences, we contribute to breaking the cycle of inequality. Exposure to diverse art forms enhances a child's cultural awareness and instils empathy and understanding of different perspectives. We believe that every child, regardless of their socio-economic background, deserves the chance to unlock their creative potential and develop skills that will benefit them throughout their lives.

Ignite the power of imagination and play.

Our team of experienced puppeteers will guide your pupils through interactive workshops filled with creativity, experimentation, and fun. **Watch as their imaginations soar and their skills in puppetry, poetry writing, storyboarding, staging, emotional awareness and self-regulation thrive.**



Unlock The World of Emotions provides two distinct 6-weeks programmes for Year Groups 2 & 4. On each programme children will access an enchanting puppetry show, embark on a creative adventure through 5 puppetry & wellbeing lessons and access exclusive home learning resources. Check out these programmes details and lesson plans here:

- [Puppetry Lab: Unlock The World of Emotions - Full Details.](#)
- [My Bag of Feelings: Puppetry, Poetry & Emotional Awareness Programme for Year 2 Groups - Lesson Plans.](#)
- [Feelings & Shadows: Shadow Theatre & Regulating Difficult Emotions for Year 4 Groups - Lesson Plans.](#)



More About Imaginari Theatre



Imaginari Theatre is a contemporary theatre company passionately committed to firing up children's creativity and wellbeing.

We create thoughtful, imaginative and interactive theatre shows and experiences for young people and families, combining puppetry, storytelling and the latest discoveries on children's mental wellbeing.

Our mission is to craft innovative educational programmes, captivating shows, and immersive experiences for young audiences and families, seamlessly blending puppetry, storytelling, and cutting-edge insights into children's mental health.

Emerging research underscores the intricate connection between children's emotional health and their capacity for imaginative exploration. Puppetry offers a unique and multifaceted approach to promoting children's mental health and wellbeing, fostering emotional, social, cognitive, and creative development. We aim to provide a vibrant and safe 'rehearsal' space for children and families to cultivate essential emotional and interpersonal skills, such as self-confidence, creativity, emotional intelligence, conflict resolution, communication, teamwork, empathy and an insatiable hunger for learning.

We firmly believe that every child, regardless of their personal or socio-economic circumstances, deserves access to the tools that unlock their boundless creative potential and equip them for life-long success. To achieve this vision, we forge partnerships with schools and children's organisations, striving to extend our reach and impact to as many young minds as possible.



Supported using public funding by
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Meet Our Team



Raquel Bellastella
Artistic Director &
Creative Facilitator



Joni-Rae Carrack
Puppeteer & Creative
Facilitator



Nix Wood
Puppeteer & Creative
Facilitator

[To know more about all the interesting things our team has been up to, click here.](#)



Know More About Puppetry Lab: Comprehensive Programmes for Year 1 to 6 Groups.

The urgency surrounding children's mental health in the UK demands immediate attention. Primary schools find themselves at the forefront of this challenge, grappling with issues such as heightened anxiety, low attendance, lateness, and struggles with emotional self-regulation. These challenges contribute significantly to suboptimal learning outcomes, particularly for children contending with adverse personal and socio-economic circumstances, attachment issues, trauma, and the effects of being in care. In the face of overwhelming emotions, many young minds lack the necessary tools to navigate them, resulting in challenging behaviours and learning disengagement.

Puppetry Lab is carefully designed to address these challenges by guiding children in expanding their emotional awareness and essential interpersonal skills. Through engaging activities, our Puppetry & Wellbeing Programmes aim to elevate emotional self-regulation while instilling crucial wellbeing skills such as confidence, engagement, empathy, conflict resolution, effective communication, community service, resiliency, and teamwork.

Our Puppetry & Wellbeing Programmes:

- 1. Facilitate Emotional Self-Regulation.** Support children in regulating their emotions through tailored activities.
- 2. Enhance Interpersonal Skills.** Cultivate key interpersonal skills, including empathy, conflict resolution, agency, and community service.
- 3. Provide Equal Opportunities.** Ensure inclusivity by offering high-quality artistic and creative activities, enriching children's cultural capital from disadvantaged backgrounds.
- 4. Foster Cross-Curricular Learning.** Create deep, cross-curricular learning experiences through puppet-making, emotional awareness exercises, and storytelling.
- 5. Deliver Impactful Learning Experiences.** Enrich the Design & Technology, PSHE, and English curriculum through impactful learning experiences.
- 6. Offer Continuous Progression.** Enable ongoing development of puppet-making skills, ensuring a sustained and evolving learning journey.
- 7. Create Lasting Impact.** Extend the impact beyond the programme's duration, serving as a hands-on resource for expressing feelings, dealing effectively with conflicts and difficult emotions and contributing to the local community.



Puppetry Lab: Ignite Creativity & Nurture Young Minds

Check an overview of all our comprehensive Puppetry & Wellbeing Programmes below.

Year 1 - Little Monsters: An Introduction to Puppetry

In this enchanting initiation into the world of puppetry, Year 1 pupils embark on a captivating journey to create three distinct types of puppets using easily accessible household materials. Through engaging activities, they not only master the art of puppetry manipulation but also explore the feelings of courage and fear and breathe life into their unique monster characters, fostering creativity and self-expression.

Year 2 - Unlock The World of Emotions: My Bag of Feelings Programme

Year 2 children explore the world of emotions through the *My Bag of Feelings* programme. This immersive experience guides them in exploring a spectrum of emotions, honing their emotional intelligence, and expressing their feelings through puppetry and poetry writing.

Year 3 - Sock Puppets: Empathy in Action

Year 3 delves into the realm of empathy by creating sock puppets. Through this programme, pupils enhance their puppetry craftsmanship and cultivate a deeper understanding of empathy and compassion, laying the groundwork for meaningful friendships and healthy interpersonal connections.



Year 4 - Feelings & Shadows: Shadow Theatre and Regulating Difficult Emotions

Year 4 unfolds a captivating exploration of shadow theatre, providing a unique avenue for children to express and cope with difficult emotions. Through the interplay of light and shadow, pupils gain a profound understanding of negative emotions, as anger, sadness and anxiety, while honing their shadow theatre skills, fostering emotional resilience and creative expression.

Year 5 - Rod Puppets: Conflict Communication & Resolution

In this program tailored for Year 5, pupils delve into the art of conflict communication and resolution by creating rod puppets. Through hands-on activities, they learn to navigate conflicts, express themselves constructively, and build essential skills for dealing with conflicts effectively.

Year 6 - Giant Puppets: Celebrating Agency, Community, and Kids Who Dared To Be Different

Year 6 celebrates agency, community, and individuality by creating giant puppets and a school parade. Pupils learn to express their unique perspectives, celebrate diversity, and showcase their creativity on a larger scale, fostering a sense of pride in their accomplishments and a strong connection to their community.

These carefully crafted programmes enrich and expand children's learning journeys, propelling them forward in the realms of puppetry, creativity, emotional regulation, and crucial interpersonal skills. Each module offers a profound learning experience that equips children with valuable skills and insights that extend well beyond the classroom, supporting their overall development and readiness to navigate the complexities of our world.



Support Us

Imaginari Theatre advocates for the rights of all children to nurture and unleash their full creative potential and wellbeing.

We believe that every child, regardless of their socio-economic background, deserves the chance to unlock their creative potential and develop skills that will benefit them throughout their lives.

We are looking forward to the opportunity to join forces in order to make a significant positive impact on the mental wellbeing, creativity and learning engagement of disadvantage children.

Thanks for considering our programmes. We look forward to hearing from you.



We'd love to hear from you.



If you have any questions or for anything under the sun, please don't hesitate to contact us.

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